

**Stage Schedule – SATURDAY**  
2024 Edmonton Woman's Show

Time	Main Stage
10:00am	SHOW OPENS Opening Prayer and Smudge
10:30 am	
11:00 am	Beyond the Bump: Understanding & Overcoming Barriers to CHD Detection presented by Amy Porter, Executive Director of Tiny HeartsCan Foundation
11:30 am	The Limitless Life: Challenging Yourself to Conquer Your Purpose presented by Taryn Shea, Owner of Fit and Chic
12:00 pm	
12:30 pm	There Is Always A Reason: The 'Why' Behind Clutter presented by Collette Oswald, Owner of Organizing by Oz
1:00 pm	
1:30 pm	Women and Wealth presented by Loan Nguyen, Wealth Advisor at Loan Nguyen Wealth Advisory Group at BMO Private Wealth
2:00 pm	Understanding Treaty Relationships Through a Trauma Informed Approach Presented by Dr. Sogand & Azure
2:30 pm	
3:00 pm	The Lower Back Lab: Hands-On Pain Relief Strategies presented by Personal Trainer Jason Rotteveel, Owner of J Fitness and Training
3:30 pm	Discovering Our Superpowers Through Adversity: To, Through & Beyond Strokes and Brain Surgery presented by Christine Holubec-Jackson, Author and multiple stroke survivor
4:00 pm	Bollywood Music presented by SurSandhya Karaoke Club
4:30 pm	Show Closes at 5:00pm

*\*All presentations are subject to change without notice*

**Stage Schedule – SUNDAY**  
2024 Edmonton Woman's Show

Time	Main Stage
11:00 am	SHOW OPENS Opening Prayer and Smudge
11:30 am	There Is Always A Reason: The 'Why' Behind Clutter presented by Collette Oswald, owner of Organizing by Oz
12:00 pm	
12:30 pm	Discovering Our Superpowers Through Adversity: To, Through & Beyond Strokes and Brain Surgery presented by Christine Holubec-Jackson, Author and multiple stroke survivor
1:00 pm	Understanding Treaty Relationships Through a Trauma Informed Approach Presented by Dr. Sogand & Azure
1:30 pm	Women and Wealth presented by Loan Nguyen, Wealth Advisor at Loan Nguyen Wealth Advisory Group at BMO Private Wealth
2:00 pm	
2:30 pm	Beyond the Bump: Understanding & Overcoming Barriers to CHD Detection presented by Amy Porter, Executive Director of Tiny HeartsCan Foundation
3:00 pm	
3:30 pm	The Lower Back Lab: Hands-On Pain Relief Strategies presented by personal trainer Jason Rotteveel, owner of J Fitness and Training
4:00 pm	Bollywood Music presented by SurSandhya Karaoke Club
4:30 pm	Show Closes at 5:00pm
<i>*All presentations are subject to change without notice</i>	