

# Stage Schedule – SATURDAY

2019 Fall Edmonton Woman's Show

Time	Main Stage	Culinary Stage	Meow Mania
10:00am	SHOW OPENS		
10:30 am	<b>Of Moose and Men: 3 Keys to Attracting the Love of your Life</b> (aka You can't hunt for moose in downtown Vancouver) presented by Nancy Thygesen, dating/relationship coach and pastoral counsellor		
11:00 am		<b>Coconut Bacon</b> presented by <b>Alexis Hillyard of Stump Kitchen</b>	<b>Mock Cat Judging</b> presented by <b>Edmonton Cat Fanciers Club</b>
11:30 am	<b>Performance</b> by <b>Jubilations Dinner Theatre</b>		
12:00 pm	<b>Become Your own Hero and Take Control Of Your Destiny</b> presented by <b>Taryn Shea of FIT AND CHIC</b>		
12:30 pm		<b>Keto Tacos</b> presented by <b>Chef Mariel Montero Sena of Huma Mexican Restaurant</b>	<b>Interact Relationships: Anxiety to Ambivalence</b> presented by <b>Cathy Silver</b>
1:00 pm	<b>What's Your Story?</b> presented by <b>Jesse Szymanski of Modern Muse Media</b>		
1:30 pm	<b>"Community" Care is Self-Care</b> presented by <b>Goodlife Fitness Instructors</b>		
2:00 pm		<b>Turkey Dumpling Stew</b> presented by <b>Chef Luke Carmont of MilkCrate</b>	<b>Mock Cat Judging</b> presented by <b>Edmonton Cat Fanciers Club</b>
2:30 pm	<b>Halting &amp; Reversing Coronary Heart Disease without Prescriptions</b> presented by <b>Ched Nichyporuk of Progressive Health Clinic</b>		
3:00 pm	<b>"The Queen's Clock" MedTalks on Women's Cardiac Emergencies</b> presented by <b>MedTalks Inc.</b>		
3:30 pm		<b>Simple &amp; Healthy Meals</b> presented by <b>Jen Laurie, Senior Director of Epicure</b>	<b>Who's Training Who</b> presented by <b>Cathy Silver</b>
4:00 pm	<b>Fashion Show</b> presented by <b>Nu2You Consignment Boutique</b>		
4:30 pm	Show Closes at 5:00pm		
<i>*All presentations are subject to change without notice</i>			

**Stage Schedule – SUNDAY**  
2019 Fall Edmonton Woman's Show

<b>Time</b>	<b>Main Stage</b>	<b>Culinary Stage</b>	<b>Meow Mania</b>
11:00 am	SHOW OPENS		
11:30 am	<b>Halting &amp; Reversing Coronary Heart Disease without Prescriptions</b> presented by <b>Ched Nichyporuk of Progressive Health Clinic</b>		
12:00 pm		<b>Keto Tacos</b> presented by <b>Chef Mariel Montero</b> <b>Sena of Huma Mexican Restaurant</b>	<b>Interact Relationships: Anxiety to Ambivalence</b> presented by <b>Cathy Silver</b>
12:30 pm	<b>What's Your Story?</b> presented by <b>Jesse Szymanski of Modern Muse Media</b>		
1:00 pm	<b>Become Your own Hero and Take Control Of Your Destiny</b> presented by <b>Taryn Shea of FIT AND CHIC</b>		
1:30 pm		<b>Turkey Dumpling Stew</b> presented by <b>Chef Luke Carmont of MilkCrate</b>	<b>Mock Cat Judging</b> presented by <b>Edmonton Cat Fanciers Club</b>
2:00 pm	<b>Acapella Performance</b> by <b>Gateway Chorus</b>		
2:30 pm			
3:00 pm		<b>Coconut Bacon</b> presented by <b>Alexis Hillyard of Stump Kitchen</b>	<b>Who's Training Who</b> presented by <b>Cathy Silver</b>
3:30 pm	<b>"The Queen's Tower" MedTalks on Women's Brain Emergencies</b> presented by <b>MedTalks Inc.</b>		
4:00 pm	<b>Fashion Show</b> presented by <b>Nu2You Consignment Boutique</b>		
4:30 pm	Show Closes at 5:00pm		
<i>*All presentations are subject to change without notice</i>			